

Post Circumcision Care Instructions

Incision Care: You may remove the dressing covering your incision after 2 days. It may help to moisten the dressing with water to make it easier to remove. After the dressing is removed you may shower and gently wash with soap and water then carefully pat dry. Keep your surgical site clean and dry. The sutures will dissolve on their own, you should not attempt to pull on them or remove them. You may wish to put a small amount of an antibiotic ointment, such as Neosporin over the site to help soften the sutures twice daily. Occasionally one or two of the sutures may “fall out” before they dissolve. This will not cause any problems with healing as long as the incision is not opening or bleeding excessively.

Bruising and a small amount of redness around the circumcision site is very common. It is also common to have a small amount of drainage that looks clear to milky white. If there is an excessive amount of pus-like drainage or redness that is warm to the touch please contact the office.

Recovery: Some discomfort is common as healing is taking place. Some men find that wearing supportive underwear or briefs helps to decrease discomfort, while others find them to be more uncomfortable. Your doctor may instruct you to take an over the counter medication such as ibuprofen or Tylenol around the clock for the first 48-72 hours following the procedure. Read the direction on the bottle and do not exceed the recommended dose. You may receive a prescription called Celebrex for inflammation or a prescription for a narcotic pain medication. It is best to use the narcotic pain medication sparingly as this can cause constipation.

Activity Restriction: You may shower two days following the procedure, but you should not soak in a bathtub, swimming pool or hot tub for 3 weeks. You should avoid sexual stimulation for 4 weeks after the circumcision and avoid sexual intercourse for 6 weeks.

Please notify our office at (206) 386-6266 for the following:

- If you have chills or fever greater than 101.0
- Any redness of the incision that spreads or feels warm to the touch
- Excessive pus-like drainage (a small amount of white drainage can be normal) or foul smelling drainage from the incision
- If your incision is opening
- Excessive pain or swelling at the incision